

1099 Medical Professional Write-Off Checklist

For 1099 Doctors, Dentists, Veterinarians, CRNAs, NPs & Other Independent Providers

Why This Matters

As a 1099 medical professional, you are responsible for tracking your own expenses—and missing deductions can cost you thousands in taxes each year.

This checklist will help you identify common write-offs so you can keep more of what you earn and stay audit-ready.

Top Deductible Expenses

Work-Related Expenses

- Scrubs and uniforms (not everyday clothing)
 - Medical equipment and supplies
 - Licensing fees and renewals
 - Board certifications
 - Continuing education (CE credits, courses, seminars)
 - Malpractice insurance
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Travel Expenses (for contract work)

- Flights to/from assignments
 - Rental cars
 - Gas and mileage
 - Hotels and short-term housing
 - Parking and tolls
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Meals (Important Rules Apply)

- 50% deductible when traveling for work
 - Must be business-related
 - Keep receipts and document purpose
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Business & Office Expenses

- Laptop, iPad, or work-related devices
 - Software (QuickBooks, scheduling apps, etc.)
 - Internet (business portion)
 - Phone (business portion)
 - Office supplies
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Home Office (if applicable)

- Dedicated workspace required
 - Portion of rent or mortgage
 - Utilities (electric, internet)
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Vehicle Use

- Mileage for work-related travel
 - Trips between assignments or job sites
 - Parking and tolls
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Professional Services

- Bookkeeping services
 - Tax preparation fees
 - Legal and consulting fees
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What You Should Be Doing Monthly

- Track all income
 - Categorize expenses correctly
 - Reconcile bank and credit card accounts
 - Save receipts (digital is fine!)
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Common Mistakes to Avoid

- Mixing personal and business expenses
 - Not tracking mileage
 - Guessing instead of using actual records
 - Waiting until tax season to organize books
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Want Help?

If you're a 1099 medical professional and want clean, organized books without the stress, I can help.

👉 Book a free call: <https://www.med1099bookkeeping.com/book-online>

Medical 1099 Bookkeeping LLC

Specialized bookkeeping for independent medical professionals